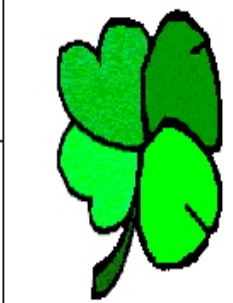
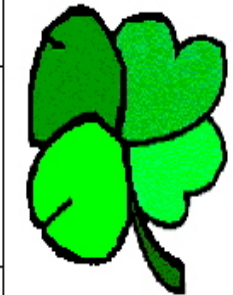
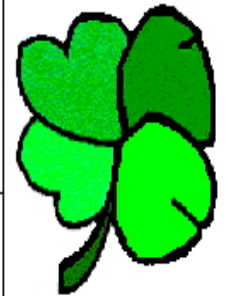
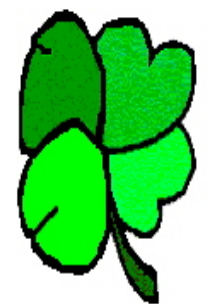


Alternate Meals: Chicken Soup  
w/crackers 1/2 cheese sand.  
Garden Salad w/hard boiled Egg or  
Tuna  
Tuna/Egg Sandwich,PJ/or Fluff  
sandwich  
Baked Potato w/vegetable medley,  
cheese, salsa, low fat cheese  
Bagel w/cream cheese, flavored  
Yogurt/low fat cheese stick  
Assorted fruits, vegetables and  
variety of milk offered daily.  
Lunch cost \$2.25 Milk .75 Menu  
Subject to change  
Question may be directed to Rita  
Skog, Director of Food Services



Haynes Elementary School  
Lunch Menu

2010



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
1 Cheese Jammer Stixx w/Marinara Sauce carrot stixx MILK,1% Lowfat Apple	2 Chicken Nuggets Oven Baked Fries CORN Veggie Stixx FRUIT,FRESH ASSORTED FRUIT	3 Pasta w/ Meatsauce Hot Vegetable MILK,2% Chocolate Assorted Fruit	4 Papa Gino's PIZZA Veggie Pasta Veggie Stixx Fresh Fruit MILK,2% Lowfat	5 Toasted Cheese Sandwich Tomato Soup Sweet Pickles Carrot/celery stixx Chilled Fruit Variety of Milk	<b>Cal 706</b> <b>T.Fat 21.90 G</b> <b>S.Fat 8.5 G</b> <b>Chol 85.9 Mg</b> <b>Sodm 1235.05</b>
8 Meatball Sub Apple/carrots/raisin/sal ad jello w/topping MILK,1% Lowfat	9 Chicken Nuggets Oven Baked Fries CORN Veggie Stixx FRUIT,FRESH ASSORTED FRUIT	10 Early Release Day breakfast served	11 Domino's Pizza Side Salad Honey Flavored Pretzels Fresh Fruit MILK,1% Lowfat	12 Macaroni and Cheese Green Beans Warm Roll Fresh Apple Variety of Milk	<b>Cal 711</b> <b>T.Fat 21.25 G</b> <b>S.Fat 7.2 G</b> <b>Chol 54.4 Mg</b> <b>Sodm 1077.82</b>
15 Hot Dog w/roll vegetarian baked beans Assorted muffins carrot stixx Variety of Milk choice of fruit	16 Chicken Nuggets White Rice Hot vegetable Fresh fruit MILK,2% Lowfat MILK,1% Chocolate	17 Cheese Quesdilla GREEN BEANS Warm rolls Veggie Stixx MILK,1% Lowfat chilled pear	18 Papa Gino's PIZZA Veggie Pasta Veggie Stixx Fresh Fruit MILK,2% Lowfat	19 FRENCH TOAST STICKS SYRUP,PANCAKE ORANGES Assorted pudding MILK,1% Chocolate	<b>Cal 707</b> <b>T.Fat 22.19 G</b> <b>S.Fat 7.3 G</b> <b>Chol 77.8 Mg</b> <b>Sodm 1144.21</b>
22 Cheese Jammer Stixx w/ Marinara Sauce Carrot Stixx Chocolate Pudding Whipped topping MILK,2% Lowfat Chilled fruit	23 Chicken Nuggets Oven Baked Fries CORN Veggie Stixx FRUIT,FRESH ASSORTED FRUIT	24 Early Release Day Breakfast served	25 Domino's Pizza Side Salad Honey Flavored Pretzels Fresh Fruit MILK,1% Lowfat	26 Build your Baked Potato CHILI, CHEESE SAUCE BROCCOLI,ZUCCHINI SQUASH, SALSA Warm ROLL MILK,2% Lowfat	<b>Cal 716</b> <b>T.Fat 21.27 G</b> <b>S.Fat 7.7 G</b> <b>Chol 69.9 Mg</b> <b>Sodm 1214.49</b>
29 Chicken Patty RICE-VEGE TABLE CASSEROLE CORN PEARS MILK,1% Lowfat	30 Chicken Nuggets Oven Baked Fries CORN Veggie Stixx FRUIT,FRESH ASSORTED FRUIT	31 Stuffed Shells Green Beans Warm Roll Veggie Stixx Assorted fruit MILK,1% Chocolate			<b>Cal 707</b> <b>T.Fat 21.47 G</b> <b>S.Fat 6.5 G</b> <b>Chol 85.6 Mg</b> <b>Sodm 1134.50</b>