

THE COUGAR TIMES

Why Did they trade them?

by Noah Furman

On February 28th, the Patriots said their goodbyes to quarterback Matt Cassel and linebacker Mike Vrabel. They were traded to the Kansas City Chiefs for an undisclosed second round draft pick. Why should you trade a franchise player that is so good like Mike Vrabel? Maybe because Cassel was also an emerging star and could have had potential. A reason they traded Vrabel was to clear up salary cap space. For rumor has it that defensive end Julius Peppers may join the Patriots. That may or may not be true.. It could just be that Brady is playing after tearing his knee ligament in the 2008 season opener. They don't need Peppers and do not want to carry the salary space. Will the Pats organization regret the trade, or follow through with the acquisitions? Only time can tell.

All About Ms. Padilino

by Katie Bull

Recently I took a trip to see Ms. Padilino, the new Spanish teacher. While I was there, I

asked her some questions to get to know another wonderful addition to our school. After the first few questions, I could certainly tell that she enjoys her job and likes everything about it.

One of the questions was, "Based on past experiences how does Curtis compare?" In response, she explained that Curtis is almost exactly like the last school she taught. The only major difference is a lot more students at Curtis!

When I asked her how would she describe her job, she replied, "Well, it is incredibly fun, busy, and active!".

So, the next time you're just walking in the halls, and you see Ms. Padilino, welcome her to Curtis. You will see what a great addition she is to our school.

ECMS Girls Basketball

by Ashira Weinstein and Orianna Tate

Go Cougars! The girls didn't lose a game the whole season. Mr. Lipsky had been teaching the girls amiably, for their work has shown. They are very good at passing and working together. The different skills are dis-

played, and that is what makes them so stupendous.

Mr. Lipsky has told us that the girls bring enthusiasm to the court, as well as their skills. He said that the girls inspire him because they have love for the game. He coaches basketball because he loves the game. Along with that, he coaches softball in the spring.

Mr. Lipsky says that he "tries to impress upon the girls that they must work as a team. However, there are times during the game when they must rely on individual skills."

The girls seem to win every game, why are there things they need to work on? Well actually Mr. Lipsky thinks that they need to work on "getting stronger and more skilled" to play on a higher level basketball team. We should all be very proud of the girls' team and wish them good luck in following years. Go Girls Basketball!

Easy After School Snacks

by Caroline Collins

Many kids stay home alone after school. Here are some easy, healthy recipes that are fun to make.

Shamrock Toasties

Ingredients:

1 english muffin
1 green pepper
1/2 cup cheddar cheese

Take the green pepper and cut it crosswise so it looks like a shamrock. Then cut a small slice for a stem. Toast the english muffin with the cheddar cheese on top until the cheese is toasted. Put the “shamrock” on top and then you have a health delicious after-school snack.

Banana Smoothie

Ingredients:

1 cup crushed ice
1/2 cup nonfat yogurt
1 ripe banana
1 teaspoon lime or lemon juice

In a blender, crush the cup of ice, yogurt, banana, and juice. Blend until smoothie and creamy. Serve with a straw.

Fruit Salad and Dip

Ingredients:

For Fruit Salad:

blueberries
strawberries cut into small bites
cantaloupe chunks
raspberries
peach slices
apple slices
grapes
orange or tangerine slices

For Dip:

2 cups plain or vanilla yogurt
1/4 cup orange juice
1 tbs. honey
a dash of cinnamon

Choose fruit you wish to use in your salad. Cut up the fresh fruit and put it in a bowl. For the dip put the yogurt, orange juice, and cinnamon into a bowl and mix together. Dip fruit into the dip and enjoy!

Inauguration

by Caroline Collins

This year, the United States got a new president, Barrack Obama. The inauguration was a very historical moment for the United States because Obama is the first African American president the United States has had.

When President Obama getting sworn in, he had to do it again because Supreme Chief Justice, John Roberts messed up the words.

The Obama girls were wearing J. Crew. Not surprisingly, the website got so many hits that the site crashed.

There were many tears as the first African American was sworn in. There were many events like the Inaugural ball and the Inaugural luncheon. During the Inaugural lunch, Senator Ted Kennedy had a seizure. He had to get taken away in an ambulance, but he is back in business now. Kennedy is

now referred to as Sir Ted Kennedy, as of March third. The Prime minister of England, Gordon Brown announced that this title was given to Kennedy on account of his life of service.

The United States starts a new era with Barack Obama.

The Golden Man

by Madison Gullotti

Whenever you see the golden man statue given to someone during the Oscars, you are probably thinking, “They totally deserved that!” Or, “What are they thinking?” But have you ever wondered why the award is a golden man? Who is the man? I finally got the answer.

The Oscar statue was originally called the award of Merit. One day, an academy librarian looked at the golden man and decided he resembled her Uncle Oscar very much. The name just sort of clicked. World wide the Merit was then called and renamed the Oscar!

Samoyeds

by Samantha Ward

A Samoyed is a beautiful breed of dogs. Samoyeds are usually 19-23 inches tall and can weigh up to 65 pounds. They are a very muscular breed due to their historical background of being sled-dogs. Originally in Siberia, their owners would use the dogs to pull sleds as transportation and to

pull goods. Nowadays they make great family pets and usually live from 12-15 years.

The Samoyed is a very loving breed. They are always ready to go for a walk or to give you a kiss.

I would highly recommend getting a Samoyed, if you are interested please consider adopting. There are many pure-bred Samoyeds available for adoption.

Websites you can visit are www.samoyedrescue.com or if you are looking to adopt any pet you can go to www.petfinder.com. There you can see every pet available for adoption in America. A Samoyed definitely fits the description of man's best friend.

The Super Bowl: Cardinals vs. Steelers

by Samantha Ward

On February 1, 2009, The Cardinals and the Steelers battled it out for the title of the best football team in the United States.

Quarterbacks Ben Roethlisberger from the Steelers and Kurt Warner from the Cardinals

both played an excellent game. They were backed up by amazing defense and went forward with outstanding offense.

James Harrison from the Steelers made an interception in the Cardinals end zone and ran 100 yards to get a touchdown.

Larry Fitzgerald made some amazing plays, including a touchdown he amazingly grabbed from the air for the Cardinals.

The Arizona Cardinals challenged the Steelers twice, winning both of them yet they also broke the record for most penalties in a game.

After a harsh night of touchdowns, tackles and interceptions, the Steelers won the whole thing, 27- 23.

Outstandingly Random Trivia by Madison Gullotti

How many inches does each continent move a year?

Every continent moves one inch every year. If you have been alive for 11 years North America has moved 11 inches.

Are iguanas harmless?

Iguanas are in fact harmless. But if you get too close or scare them, they WILL hiss or slightly jump at you, but do not be afraid the worst harm they can do to you is a little nibble on the finger

Why are some olives green and some purple?

Green olives are picked before they are completely ripe. Purple olives are picked either right at harvest or after.

How far does an average person walk in their lifetime?

Most people walk around 115,000 miles in their lifetime...that's about 4 1/2 times around the world! Better buy some sneakers!

How long is your beard?

An average beard grows 5.5 inches a year! I would get the scissors out!

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